

# Berkshire, Buckinghamshire, Hertfordshire & Middlesex County Championships & Open

Milton Keynes

Saturday/Sunday, 29th/30th September, 2007

## Senior Heptathlon

				HAND 100m. HURDLES		HIGH JUMP		SHOT PUT		200m.		LONG JUMP		JAVELIN THROW		800m.	
		PLACE															
			37	Jemma Nissel		80	17.5	516	1.51	632	DNS						
			Shaftesbury Barnet Harriers				-2.3	516		1148							